

NOVEMBER 2019

Altmar-Parish-Williamstown Elementary School

MY SCHOOL BUCKS

PAY FOR MEALS ONLINE

MySchoolBucks.com

Tuesday **Friday** Wednesday Monday **Thursday** Staff **Development** Day **Dutch Waffle** Cheesy Bread Sticks 7 Chicken Patty Pasta & Meatballs Taco Salad Texas Garlic Toast Dipping Sauce Breakfast Sausage **Tortilla Chips** On a Bun Green Beans Potato Emoticons **Baked Beans Tossed Salad** Carrots Mixed Berries/Fresh Fruit Peaches/Fresh Fruit Strawberries/Fresh Fruit Fresh Fruit Applesauce/Fresh Fruit Milk Milk Milk Milk Milk **Traveling Taco** Cheese or Pepperoni / French Toast Sticks 12 Hamburger w/Cheese 5 Taco Meat/Dorito's Chips Breakfast Sausage Pizza On a Bun Hash Browns **Baked Beans** Broccoli Carrots Peaches/Fresh Fruit Strawberries/Fresh Fruit Fresh Fruit Applesauce/Fresh Fruit Milk Milk Milk Milk Pulled Pork BBQ 22 Scrambled Eggs Macaroni & Cheese 18 Taco Salad 20 Roasted Turkey/Gravy21 Texas Garlic Toast & Pancakes **Tortilla Chips** On a Bun Stuffing/Corn Potato Tots **Baked Beans** Carrots Green Beans Mashed Potatoes Strawberries/Fresh Fruit Applesauce/Fresh Fruit Mixed Berries/Fresh Fruit Peaches/Fresh Fruit Fresh Fruit/Cranberry Sauce Milk Milk Milk Milk Dinner Roll/Milk 27 Cheese Lasagna 25 French Toast Sticks 26 29 Texas Garlic Toast Breakfast Sausage **Thanksgiving** Green Beans Hash Browns Day Mixed Berries/Fresh Fruit Peaches/Fresh Fruit Milk Milk Also Offered Every Day

Popcorn Chicken, Turkey Gobbler Sandwich, Fresh House Salad, Yogurt & Cheese, or Peanut Butter & Jelly. Fresh Vegetables offered every Day "Try our Schoolunchables"



BREAKFAST MENU

Monday	Tuesday	Wednesday	Thursday	Friday
Mini Maple Pancakes	Pancake Jiffies	Hot Breakfast Sandwich	Pancake Jiffies	Breakfast Pizza
or	or	or	or	or
Cereal w/String Cheese	Cereal w/Yogurt	Cereal w/String Cheese	Cereal w/Yogurt	Cereal w/String Cheese
Fresh Fruit and	Fresh Fruit and	Fresh Fruit and	Fresh Fruit and	Fresh Fruit and
100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice
Low Fat Milk	Low Fat Milk	Low Fat Milk	Low Fat Milk	Low Fat Milk

There is no charge for meals to students. The Community Eligibilty Provision is in place.

Adult Lunch Price \$4.00 (includes tax)

Milk \$.65

Ice Cream \$.75

Field Trips

Please remember that Food Service offers nutritious bagged lunches - watch for information sent home about upcoming field trips at your child's school. Simply fill out the form and return it to your child's classroom.

Have you ever thought about working for us?

When your children are in school all day, you may have extra time on your hands. Consider working part-time in your local school cafeteria. Most shifts are between 10am and 2pm. Work is Monday through Friday, with all school holidays off. Check out our website or call 315-625-5227 for more information.

Rebecca Harrington rharrington@apw.cnyric.org

In accordance with Federal law and USDA policy, this institution is prohibited from discriminating on the

Basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write

To: USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington DC 20250-9410

Or call (800) 720-6382 (TTY).